

# From Panic To Power

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### **LUCINDA BASSETT - WIKIPEDIA**

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lucinda bassett (born february 28, 1956) is an american self-help author and motivational speaker. her book from panic to power: proven techniques to calm your ...

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*Sun, 09 Apr 2017 16:04:00 GMT*

from panic to power: proven techniques to calm your anxieties, conquer your fears, and put you in control of your life, 2013, 288 pages, lucinda bassett,

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